**OSP FALL BASKETBALL LEAGUE RULES 2016**

**Game Length:**

* 2 - 20 minutes halves. Running clock.
* **Clock stops on whistle last minute of second half.**
* **Clock does not stop if a team is ahead by 10 pts. or more.**
* Halftime is 2 minutes.

**Overtime:**

* First overtime - 2 minutes. Running clock. Clock stops on whistle last minute.
* 2nd O.T - No time on clock. Shoot all foul shots. First point scored or made basket.

**Fouls: 1 free throw will be shot every time a player is fouled in the act of shooting.**

* A shooting foul if the basket is made - count the basket and shoot 1 free throw.
* A shooting foul if the 2 pt. basket is missed - 1 pt. and shoot 1 free throw.
* A shooting foul if the 3 pt. basket is missed - 2 pts. and shoot 1 free throw.
* The 10th team foul in the half will result in 1 pt. and 1 free throw.
* **Clock continues to run during free throws except the last minute of second half.**
* Technical Foul: Offended team gets 1 pt. and possession of the ball at half court.

**Timeouts:**

* 2 - 30 second timeouts per half. No carryover.
* 1 - 30 second timeout per team in an overtime.
* **Clock continues to run during timeouts except the last minute of second half.**

**Substitutions: Games with Ohio Sports Plus Teams playing.**

* Players are substituted every 5 minutes. Horn will buzz: 15 min., 10 min., 5 min.
* COACHES CAN SUBSTITUTE FREELY IF ONLY 1 OR 2 PLAYERS ON THE BENCH. The same player can’t be substituted. Attempt to give all players equal playing time.
* No player is to be on the floor more than 2 consecutive rotations.
* Use a different lineup every game so each player has an opportunity to start.
* Games with 2 Travel Teams allow coaches to substitute players freely.

**Defense:**

* Man to man defense only when Ohio Sports Plus Teams are playing.
* No pressing 3th and 4th grade until the last 2 minutes of second half.
* Pressing allowed anytime 5th - 12th grade.
* No pressing by a team if ahead by 10 pts. or more.
* Games with 2 Travel Teams may play zone defense. Coaches must agree.